

# Exmoor Link Federation

Menu: April - October 2024

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One:</b> 15 <sup>th</sup> April 6 <sup>th</sup> May 3 <sup>rd</sup> June 24 <sup>th</sup> June 15 <sup>th</sup> July 2 <sup>nd</sup> Sept 23 <sup>rd</sup> Sept 14 <sup>th</sup> Oct	<b>A: Beef Burger in a Bun</b>  <b>B: Vegetable Burger</b>  <i>Served with Salad, Coleslaw &amp; Wedges.</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Peaches &amp; Ice Cream</b>	<b>A: Chicken Supreme</b>  <b>B: Mild Quorn Chilli</b>  <i>with Rice &amp; Peas</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Summer Fruits Crumble Cake</b>	<b>A: Roast Chicken with Stuffing</b>  <b>B: Vegan Sausage</b>  <i>With Roast Potatoes, Broccoli, Carrots and Gravy</i>  <b>Fresh Fruit Salad with Cream</b>	<b>A: Ham Ploughman's</b>  <b>B: Cheese Ploughman's</b>  <i>With Potato Salad, Pasta Salad Crusty Bread, Coleslaw, Sweetcorn</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Banana Bread</b>	<b>A: Oven Baked Battered Fish</b>  <b>B: Crispy Battered Vegetables</b>  <i>Served with Chips &amp; Beans</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Chocolate Flapjack</b>
<b>Week Two:</b> 22 <sup>nd</sup> April 13 <sup>th</sup> May 10 <sup>th</sup> June 1 <sup>st</sup> July 22 <sup>nd</sup> July 9 <sup>th</sup> Sept 30 <sup>th</sup> Sept 21 <sup>st</sup> Oct	<b>A: Pepperoni Pizza</b>  <b>B: Cheese &amp; Tomato Pizza</b>  <i>Served Curly Fries &amp; Sweetcorn</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Ice cream &amp; Sauce</b>	<b>A: Beef Lasagne</b>  <b>B: Vegetable Lasagne</b>  <i>With Garlic Bread, Coleslaw &amp; Salad</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Carrot Cake</b>	<b>A: Roast Gammon with Pineapple</b>  <b>B: Vegetable &amp; Lentil Crumble</b>  <i>With Roast Potatoes, Cauliflower, Carrot &amp; Peas and Gravy</i>  <b>Warm Chocolate &amp; Pear Pudding with Ice Cream</b>	<b>A: Creamy Mac N Cheese with Ham</b>  <b>B: Creamy Mac N Cheese</b>  <i>Served with Crusty Bread &amp; Salad</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Eton Mess</b>	<b>A: Fish Cake</b>  <b>B: Veggie Fingers</b>  <i>Served with Chips &amp; Beans</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Shortbread Biscuit</b>
<b>Week Three:</b> 29 <sup>th</sup> April 20 <sup>th</sup> May 17 <sup>th</sup> June 8 <sup>th</sup> July 16 <sup>th</sup> Sept 7 <sup>th</sup> Oct	<b>A: All Day Breakfast</b>  <b>B: Vegetarian Breakfast</b>  <i>Served with Beans, Hash browns, tomatoes &amp; Mushrooms</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Ice Cream in a Cone</b>	<b>A: Sweet &amp; Sour Chicken</b>  <b>B: Vegetable Spring Roll</b>  <i>Served with Egg Fried Rice</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Raspberry Sponge</b>	<b>A: Roast Pork with Apple Sauce</b>  <b>B: Homity Pie</b>  <i>With Roast Potatoes, Cabbage, Carrots and Gravy</i>  <b>Butterscotch Pudding with Ice Cream</b>	<b>A: Creamy Chicken Pie</b>  <b>B: Mediterranean Vegetable and Tomato Parcel</b>  <i>Served with mixed Vegetables &amp; new potatoes</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Strawberry Cheesecake</b>	<b>A: Fish Finger Bap</b>  <b>B: Vegan Sausage Roll</b>  <i>Served with Chips &amp; Beans</i>  <b>C: Jacket Potato with a selection of fillings</b>  <b>Chocolate Shortbread</b>