

Exmoor Link Federation

Menu May 2021

Week Commencing:	Week 1	Week 2	Week 3
	7 th June, 28 th June, 19 th July, 6 th Sept, 27 th Sept, 18 th Oct.	14 th June, 5 th July, 13 th Sept, 4 th Oct.	21 st June, 12 th July, 20 th Sept, 11 th Oct.
Monday	A Beef Burger B Vegetable Burger <i>With Seasoned Wedges & Beans</i> C Jacket Potato with Beans/Cheese Strawberry Mousse with Strawberries.	Pepperoni Pizza Baguette Cheese & Tomato Pizza Baguette <i>With Curly Fries and Sweetcorn</i> Jacket Potato with Beans/Cheese Peaches Cobbler with Ice Cream	All Day Breakfast All Day Breakfast <i>With Beans, Mushrooms, Tomatoes, Hash Brown & Scrambled Eggs</i> Jacket Potato with Beans/Cheese Toffee Apple Crumble & Ice Cream
Tuesday	A Hunters Chicken <i>with Rice & Peas</i> B Black Bean Taco <i>with Guacamole & Salsa</i> C Jacket Potato with a selection of fillings Cornflake Crunch	Salmon & Broccoli Risotto Macaroni Cheese <i>With Crusty Bread</i> Jacket Potato with a selection of filling Banana & Blueberry Tray Bake	Pork Pasta Bolognese Bake Quorn Pasta Bolognese Bake <i>With Garlic bread</i> Jacket Potato with a selection of fillings Lemon Drizzle Cake
Wednesday	A Roast Gammon with Pineapple B Quorn Roast <i>With Roast Potatoes, broccoli, Carrots and Gravy</i> Cheese & Biscuits with Grapes and Apple Slices.	Roast Beef with Yorkshire Pudding Quorn Sausages <i>With Roast Potatoes, Carrots, peas and Gravy</i> Fresh Fruit Salad and Cream	Roast Pork with Apple Sauce Cauliflower & Broccoli Cheese <i>With Roast Potatoes, Carrots, Green Beans and Gravy</i> Chocolate Brownie
Thursday	A Beef Cobbler <i>With Herby Diced Potatoes & Sweetcorn</i> B Vegetarian Toad in the Hole <i>Herby Diced Potatoes & Sweetcorn</i> C Jacket Potato with a selection of fillings Sticky Chocolate Cake	Pork Meatballs in Tomato Sauce <i>With Pasta Shells</i> Vegetable Lasagne <i>With Garlic bread</i> Jacket Potato with a selection of fillings Carrot Cake	Creamy Chicken and Ham Pie <i>With Mash and Peas</i> Chickpea & Vegetable Curry <i>With Rice and Naan Bread</i> Jacket Potato with a selection of fillings Eton Mess
Friday	A Oven Baked Battered Fish B Quorn Nuggets <i>With Chips, Peas & Salad</i> C Jacket Potato with a selection of fillings Gingerbread Biscuit	Oven Baked Breaded Fish Cake Crispy Battered Vegetables <i>With Chips, Beans & Salad</i> Jacket Potato with a selection of fillings Chocolate Flapjack	Oven Baked Fish Fingers Vegetarian Sausage Roll <i>With Chips, Beans & Salad</i> Jacket Potato with a selection of filling. Shortbread Biscuit

Bread, fresh salad, Homemade Coleslaw, Cheese, Fruit and yoghurts available daily